



### Year 3 Autumn 2 Celebrating Difference

This second Jigsaw unit of work is all about celebrating difference. In this Puzzle (unit) the class learn about families, that they are all different and that sometimes they fall out with each other. The children talk about techniques to calm themselves down and discuss a technique called 'solve it together.' The children revisit the topic of bullying and talk about being a witness (bystander), they talk about how a witness has choices and how these choices can affect the bullying that is taking place. The children also talk about using problem-solving techniques in bullying situations. They talk about name-calling and choosing not to use hurtful words. They also talk about giving and receiving compliments and the feelings associated with this.

#### Questions for family learning

- What is the 'Solve it together' technique? How can it help solve a disagreement between two people?
- What is a bystander in a bullying situation? (A bystander is a witness not directly involved).
  - How could a bystander make a bullying situation worse or better?
    - What types of bullying do you know about?
- Where can someone get help if they were being bullied or witnessed bullying?
  - How does it feel to give and receive a compliment?
  - Can you explain how Calm Me time makes you feel?

Your challenge:


Create a compliments & kindness diary (received & given).

I've put some sample pictures below to give you some ideas.



**Kindness Diary**

Through the week, keep a kindness diary.  
Write down times when you were kind to others and when others were kind to you.



Weekday	Act of Kindness
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	
Sunday	

## Kindness Diary

