



Year 3 Autumn 1 Being Me

This first Jigsaw unit of work is all about being me in my world. In this Puzzle (unit) the children learn to recognise their self-worth and identify positive things about themselves and their achievements. They talk about new challenges and how to face them with positivity. The children talk about the need for rules and how these relate to rights and responsibilities. They talk about choices and consequences, working collaboratively and seeing things from other people's points of view. The children talk about different feelings and the ability to recognise these feelings in themselves and others.

Questions for family learning

- What would your 'nightmare school' look, sound and feel like?
- What would your 'dream school' look, sound and feel like?
- What are emotions? Can you name some different ones?
- Can you give some examples of positive (helpful) choices that could lead to a reward?
- Why is making someone feel welcome an important skill?
- What are the Jigsaw Friends in your class called? How are the Jigsaw Friends used in your Jigsaw lessons?
- Can you tell me about Calm Me time?

Your challenge:

What makes a dream school?

Draw a flower or a tree. On each of the petals or leaves, describe what a dream school would look, sound and feel like to ensure pupils feel safe, be happy and blossom to their full potential?

I've put some sample pictures below to give you some ideas.

