



## Year 1 Autumn 1 Being Me

This first Jigsaw unit of work is all about being me in my world. In this Puzzle (unit), the children are introduced to their Jigsaw Journals and discuss their Jigsaw Charter. As part of this they discuss rights and responsibilities, choices and consequences. The children talk about being special and how to make everyone feel safe in their class as well as recognising their own safety.

### Questions for family learning

What do you do in class to help other children?

- What do you do to help your teacher?
- What does it feel like to be safe?
- Can you tell me something you were really proud of? How did it make you feel 'inside'?
- What sort of things does your teacher say or do when they are pleased?
- What choices can you make to be helpful and kind in school and at home?
- What are the Jigsaw Friends in your class called? How are the Jigsaw Friends used in your Jigsaw lessons?
- Can you tell me about Calm Me time?

Your challenges:

Pick a place at home or at school and design a safety poster for how to stay safe in that place.

Or

Design a family crest/badge that tells us something about you or your family. I've put some sample pictures below to give you some ideas.

