

KEYINGHAM  
PRIMARY

# Supporting blended & remote learning

A guide for parents & carers

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*Unlocking potential*

How can I take an active interest in my child's learning activities?

As you would ask what's been happening in school today normally – ask about the work they have been completing in their 'virtual classroom' today



# How can I monitor my child's activity and communication online?

Talk to them about being kind and polite on online.

Remind them not to post or send negative comments.



# How do I establish a daily routine and schedule to help them learn?

Create a timetable for the school day. Encourage your child to stick to your agreed timetable.

Research suggests that routine is important in maintaining mental health and well-being.



# How can I best encourage regular screen breaks?

Build breaks in to their schedule for the day.

Encourage them to go out, where possible, for fresh air and exercise.



# Should I keep their devices in a shared part of the house?

Where possible and practical, try to keep them near you when they're working.

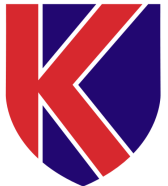
Encourage them to use the background 'blur' function when they are live.



# How can I monitor my child's mental health and well-being?

Feedback from the children has shown us that they are missing their friends.

Let us know if there is any more we can do to support you or your child/ren at this time.



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